



Roasted Strawberry & Rose Ice Tea

Serves: 8

Ingredients

200g strawberries, de-stalked, hulled and halved

100g sugar

1.5 litres water

1tbsp dried mint, (or 2 mint teabags)

A handful of fresh, unsprayed rose petals, or 1-2 tsp rose water

Ice Cubes, Fresh Mint Leave and Fresh Strawberries to serve

Method

Preheat the oven to 210c or gas mark 7. Mix the strawberries and sugar in a roasting tin and cook in the centre of the oven for 5 minutes.

Boil the water, add the mint and rose petals, add 1 tsp and taste to see if you want to add another. Some people prefer it less perfumed than others.

Add the roasted strawberries and leave to infuse again, this time for 10 minutes. Strain and decant into a serving jug, then chill in the fridge.

To serve, pile ice cubes into glasses, then add mint leave and some fresh strawberries and top with the iced tea.

