



Recipe of the Week

GREEN PEA GUACAMOLE

Ingredients

- 2 cups shelled peas (or frozen, defrosted)
- 3 cloves garlic, peeled
- 1 avocado, peeled and roughly chopped
- 4 tabs lime or lemon juice
- 3 tabs olive oil
- 1 teasp salt
- ½ teasp ground black pepper
- Mint sprigs and finely sliced preserved lemon (optional)

Method

1. Cook fresh peas in boiling water for 1 minute (you don't need to cook frozen peas). Drain and refresh under cold water. Place all ingredients in a food processor and pulse to roughly puree. Transfer to a serving bowl, cover and chill. Serve at room temperatures with crudites.